



# CENTRAL COUNTY REFERRAL GUIDE



**A Guide to Contracted Juvenile Service Providers in  
SAN LEANDRO, SAN LORENZO, CASTRO VALLEY, EAST OAKLAND**

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# ACADEMIC SUPPORT

## Educational Advocacy and Planning

### *Youth Uprising (JJCPA)*

- Assist youth and parent with school enrollment
- Individualized Education Plan (IEP)
- Attend SARB & DHP hearings
- Provide alternative education
  - ❖ 510-777-9909
  - ❖ [JJCPA@youthuprising.org](mailto:JJCPA@youthuprising.org)

### *East Bay Agency for Children (DPN)*

- Participate in McClymonds COST (Coordination of Services Team) meetings to coordinate wrap-around support services for McClymonds High School students (Oakland Unified School District) receiving multiple services.
  - ❖ 510-913-4696
  - ❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

### *Eden Counseling Services (DPN)*

- Walking distance from Castro Valley High School. Strong connection with Castro Valley schools
- Runs programs (not paid through Probation) in Castro Valley schools. Can meet with youth for DPN services at these schools.
  - ❖ 510-247-9831

### *Seneca Family of Agencies DPN*

- Runs programs (not paid through Probation) at various community locations. They can include school campuses, partner agencies, service clubs, etc.
  - ❖ 510 504-6836

## Tutoring

### *Youth Uprising (JJCPA)*

- Provide group and individual tutorial services for youth in areas of educational difficulty for a minimum of 3 hour/week.
  - ❖ 510-777-9909
  - ❖ [JJCPA@youthuprising.org](mailto:JJCPA@youthuprising.org)

## Truancy Mediation by DPN

DPN Youth Service Centers attend Truancy Mediation Hearings and provide counseling and case management services to truant youth referred from the District Attorney's Office, the Juvenile Court, or ACPD staff to facilitate regular school attendance. Case Managers will also coordinate with school counseling services for truant youth (if applicable) and attend mediation hearings.

DPN case managers also attend School Attendance Review Boards (SARBs) meetings and School Attendance Review Teams (SARTs) meetings.

### *Carl B. Metoyer Center for Family Counseling (DPN)*

❖ 510-562-3731

### *East Bay Agency for Children (DPN)*

❖ 510-913-4696

❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

### *Eden Counseling Services (DPN)*

❖ 510-247-9831

### *Seneca Family of Agencies (DPN)*

❖ 510-504-6836

## Pro-social activities and other educational programming

### *Youth Uprising (DPN & JJCPA)*

- Wraparound support:
  - Career Planning, Training, and Placement; Health & Wellness Services
  - Sister Circle
  - We Out Here
  - Stay Woke
  - Recreational Programming
  - Modeling
  - Photography & Videography
  - Music
  - Makers Space

- ❖ DPN Program Contact: 510-777-9909 ext. 111
- ❖ DPN | [dpn@youthuprising.org](mailto:dpn@youthuprising.org)
- ❖ JJCPA Referral Form | [JJCPA@youthuprising.org](mailto:JJCPA@youthuprising.org)



# CASE MANAGEMENT

## Case Management by DPN Youth Service Centers

Case Managers develop an individualized family treatment and service plan that will consider family concerns, priorities and resources. Case Managers serve as a family and youth advocate and establish working relationships in order to assist the youth and family with making linkages to access appropriate services, in collaboration with youth's DPO and other service providers, as required.

Key components of DPN Case Management services include:

- Client Engagement
- Assessment of youth/family strengths and needs.
- Planning: Developing a specific, comprehensive, individualized treatment and service plan
- Linkage
- Monitoring
- Advocacy: Interceding on behalf of youth/family to ensure equity and appropriate Services, and attending court

### *Carl B. Metoyer Center for Family Counseling*

❖ 510-562-3731

### *East Bay Agency for Children*

❖ 510 913-4696

❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

### *Eden Counseling Services (DPN)*

❖ 510-247-9831

### *Seneca Family of Agencies (DPN)*

❖ 510 504-6836

## Intensive Case Management through Behavioral Health Care Services partnership

### *Lincoln - Project Permanence Wraparound Program*

- Serving all Alameda County youth on probation who have serious mental health or behavioral issues.
- Family support, collateral supports, individual support to the referred youth, and linkages to resources. Interventions integral to the model are 1:1 supports directly to the youth, family support, monthly family team meetings, and intensive case management services.
- Intervention in courts, JJC, Mental Health Hospitals, Family Home, Community Outings, Schools etc.
  - ❖ Program Contact: Michelle Thompson 510-273-4700
  - ❖ [michellethompson@lincolnfamilies.org](mailto:michellethompson@lincolnfamilies.org)

### *Seneca Family of Agencies - Intensive Case Management (ICM)*

- Service is available to youth participating in Collaborative Court only.
- Treatment approach is similar to a wraparound model. Multiple team members, including a clinician, parent partner and youth counselor who work with a youth for a period of 12 to 18 months or until a youth is dismissed from probation. Youth and their caregivers meet with team members multiple times per week. Case management and referral linkage is a strong component of the service with the goal of stabilizing the youth in their home placement.
  - ❖ Program Contact: Erica Kellenbach, LCSW 510-772-8067
  - ❖ Probation officers, minors' attorneys and/or judges may make referrals to MST. Only Collaborative Court youth are designated to receive ICM services | [erica\\_kellenbach@senecacenter.org](mailto:erica_kellenbach@senecacenter.org)

## Other Case Management Services

### *Centerforce Youth Court (DPN)*

- As a part of Centerforce's Youth Court programming for first-time juvenile offenders, youth who would otherwise be referred for prosecution to the District Attorney shall be given the option and opportunity to have case management with their parent(s), their case handled by peers in a court-like setting, and adjudicated (including a penalty

imposed, e.g., community service and a CYC-based class such as Anger Management).

- ❖ [510 834-3457](tel:5108343457)
- ❖ [referral@centerforce1.org](mailto:referral@centerforce1.org)





# CAREER TRAINING AND JOB/INTERNSHIP PLACEMENT

## Probation Youth Employment Program (PYEP)

For youth ages 14-19. Program services include the following:

- Assessment of the youth's employment skills, job readiness and job placement.
- An individualized employment plan is created that identifies the goals and strategies.
- There are financial incentives for the youth to participate in the Employment Skills and Job Readiness workshops.
- The workshops provide training on job skills, interviewing techniques, education on workplace expectations, effective job seeking, and improving financial literacy and fiscal responsibility.
- The job recruitment and placement services provide the youth temporary or permanent positions afterschool, summer or full-time and education about the responsibilities, pay and benefits of the job in question.

### *Youth Employment Partnership*

- ❖ 510-533-3447
- ❖ [pyep\\_referrals@yep.org](mailto:pyep_referrals@yep.org)

### *Safe Passages*

- ❖ Program Contact: Michael Maldonado [mmaldonado@safepassages.org](mailto:mmaldonado@safepassages.org)
- ❖ [PYEP@Safepassages.org](mailto:PYEP@Safepassages.org)

## Internship and Paid work experience opportunities

### *Youth Uprising (DPN)*

- Youth Achieve Program: a three-pronged strategy to successfully increase youth and young adult access to improved mental health, educational and career attainment and training that will lead to self and family sustaining wages. Participants placed into partially or fully subsidized, part- or full-time employment, for 100 hours, and provided education plan for career readiness.
- Youth Uprising hosts pre-employment workshops that emphasize job-search topics (resume writing, interviewing skills, networking) and job-maintenance skills (work ethic, punctuality, dependability, initiative, honesty).

- Youth who receive passing grades in school and are showing progress in their plan will be eligible to participate in Contractor's workforce program. Contractor shall operate four social enterprise to employ youth, comprised of the following:
  - YU Eats (on-site Cafe)
  - YU Creates (creative arts production)
  - YU Green (landscaping)
  - YU Clean (janitorial)
    - ❖ Program Contact: 510-777-9909 ext. 111
    - ❖ [dpn@youthuprising.org](mailto:dpn@youthuprising.org)

### ***Youth ALIVE! (DPN)***

#### **Oakland Police Department-Community Youth Leadership Council (YLC):**

- Approx. 25 at-risk and system-involved youth from Oakland will be charged with improving police community relations and working out of Oakland City Hall.
- YLC participants are trained on collaboration/teamwork, critical thinking, problem solving, and effective communication. They give presentations to other youth on topics related to police and community/youth relationships.
- Participants meet at City Hall TWICE PER MONTH and council members serve in their internships weekly.
- Stipends given to youth for the participation in the YLC, which will serve as a career exploration and readiness program that allows youth to gain experience while serving as paid interns within departments relevant to public safety.
  - ❖ Program Contact: 510-594-2588 x302
  - ❖ [dpn@youthalive.org](mailto:dpn@youthalive.org)

# CIVIC AND SOCIAL ENGAGEMENT

Services and programs that inform and empower youth to become actively engaged in civic and social activities. Programming promotes their understanding and commitment to participating in, developing, planning and leading structured activities in their communities.

## *Youth ALIVE! (DPN)*

### **Teens on Target (TNT):**

- Approx. 65 at-risk and system-involved youth from Castlemont & Fremont high schools will be trained as peer violence prevention educators and civic leaders. TNT trains teens to become exemplary role models and conflict mediators so they can teach healthy decision-making to their younger peers, specifically why and how to reduce violence in their lives. Peer educators go into area middle schools and teach the curriculum to younger students.
- After school training twice per week at each site, as well as once per week with the Youth Board (returning students who take on leadership roles among the TNT members) to help plan afterschool sessions and civic and social engagement activities.
- TNT leaders learn how to teach the six-session TNT violence prevention workshop curriculum, which consists of the following workshops: Youth Preventing Violence; Preventing Gun Violence; Preventing Gang/Turf Violence; Preventing Family & Dating Violence; Enhancing Skills in Violence Prevention

### **TNT Speakers Bureau (SB):**

- Approx. 10 at-risk and system-involved youth from Oakland are trained as speakers for the TNT SB.
- Program is made up of gunshot survivors, family members of homicide victims, and youth on Probation. Youth go through EIGHT training sessions during the SUMMER and learn advocacy skills. After the summer training, sessions are held monthly for peer support and refresher trainings.
- Youth learn to tell their stories and express their ideas for change to a wide group of civic, business and educational groups

### **Oakland Police Department-Community Youth Leadership Council (YLC):**

- Approx. 25 at-risk and system-involved youth from Oakland will be charged with improving police community relations and working out of Oakland City Hall.

- YLC participants are trained on collaboration/teamwork, critical thinking, problem solving, and effective communication. They give presentations to other youth on topics related to police and community/youth relationships.
- Participants meet at City Hall TWICE PER MONTH and council members serve in their internships weekly.
- Stipends given to youth for the participation in the YLC, which will serve as a career exploration and readiness program that allows youth to gain experience while serving as paid interns within departments relevant to public safety.

❖ Program Contact: [510-594-2588 x302](tel:510-594-2588)  
❖ [dpn@youthalive.org](mailto:dpn@youthalive.org)



# COUNSELING AND CRISIS INTERVENTION

## Individual and Family Therapeutic Counseling and Crisis Intervention by DPN Youth Service Centers

Probation funds either 3 or 5 sessions of counseling at no cost to the client. The amount of sessions is determined by a client's Medi-Cal eligibility and a diagnosis that meets Early Periodic Screening Diagnosis and Treatment (EPSDT) criteria. The DPN agencies' licensed clinicians utilize trauma-informed treatment techniques that combine family crisis interventions with short-term family counseling. Using the identified risk factors (provided in the DPN Referral Form), they assist families in dealing with underlying problems that led to the crisis.

### *Carl B. Metoyer Center for Family Counseling*

❖ 510-562-3731

### *East Bay Agency for Children*

❖ 510 913-4696

❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

### *Eden Counseling Services (DPN)*

❖ 510-247-9831

### *Seneca Family of Agencies (DPN)*

❖ 510 504-6836

## Therapy and Substance Use Treatment through Behavioral Health Care Services partnership

### *Lincoln - Multidimensional Family Therapy (MDFT)*

- Serving youth on probation 11-19 years old with mental health AND substance abuse symptoms. Priority is youth at-risk of out-of-home placement. Youth that live with family (including kin/fictive kin) who are able to participate in weekly therapy activities. Youth and their families whose needs require intensive support including in-home therapy, case management, system navigation support

- MDFT for approximately 6 months includes: Individual therapy, Substance use treatment, Family therapy, Parent one-on-one coaching, System navigation (school, probation, legal, etc), Brokerage/linkage to support services
  - ❖ Program Contact: Sergio Abundis 510-273-4700
  - ❖ Lincoln MDFT Referral Form | [sergioabundis@lincolnfamilies.org](mailto:sergioabundis@lincolnfamilies.org)

### **Seneca Family of Agencies - Multi-Systemic Therapy (MST)**

- Serving Probation youth under 21 years old only
- MST focus on collaborating with and empowering parents by using identified strategies to directly address delinquency behaviors so that youth can remain in their family homes. Clinicians meet with families 2 to 3 times per week and treatment lasts for approximately 5 months. Family therapy approach with an emphasis on direct work with parents or caregivers.
- Intensive Case Management (ICM): Treatment approach is similar to a wraparound model. Multiple team members, including a clinician, parent partner and youth counselor who work with a youth for a period of 12 to 18 months or until a youth is dismissed from probation. Youth and their caregivers meet with team members multiple times per week. Case management and referral linkage is a strong component of the service with the goal of stabilizing the youth in their home placement. Service is available to youth participating in Collaborative Court only.
  - ❖ Program Contact: Erica Kellenbach, LCSW 510 772-8067
  - ❖ Probation officers, minors' attorneys and/or judges may make referrals to MST. | [erica\\_kellenbach@senecacenter.org](mailto:erica_kellenbach@senecacenter.org)

# DECISION-MAKING, BEHAVIOR AND LIFE SKILLS

## Cognitive Behavior Group

Cognitive Behavior Groups are designed to equip youth with tools to identify unhelpful behaviors and problematic patterns, while teaching skills to manage emotions and stress. Teach youth strategies to safely and productively think and respond in situations of stress, fear and conflict.

### *Catholic Charities of the East Bay (JJCPA)*

- 10-week program with youth that combines restorative practices with cognitive behavioral therapy. The format is eight 2-hour weekly meetings and two Saturday 4-6-hour workshops that focus on healthy communities and repairing harm.
  - ❖ Program Contact: Leo Guzman 510-543-4179 [lguzman@cceb.org](mailto:lguzman@cceb.org)

### *Community & Youth Outreach (JJCPA)*

- Weekly culturally-relevant cognitive behavioral therapy (CBT) sessions. Healthy, Wealthy, & Wise (HWW) is a 14 week course that addresses issues of decision making, identity, overcoming pain and trauma, and life skill.
  - ❖ (510) 969-8708
  - ❖ [Info@cyoinc.org](mailto:Info@cyoinc.org)

### *Seneca Family of Agencies (DPN)*

- ❖ 510 504-6836

## Life Skills Development

Services and programs that enhance a youth's ability to live independently and provide skills and opportunities that are critical to success, such as tangible life skill development, and pro-social engagement. Programs may include systems navigation and/or case management services.

### *Berkeley Youth Alternatives (DPN)*

- Community Service Projects: Tasks include, but are not limited to, bagging food for families through the Alameda County Food Bank, painting over graffiti and tags, assisting in Urban Farms.
- Experiential Learning through Youth Advisory Board
  - ❖ Program Contact: Brandon Mason 510-849-1402 [bmason@byaonline.org](mailto:bmason@byaonline.org)
  - ❖ [dpn@byaonline.org](mailto:dpn@byaonline.org)

### *Youth Uprising (DPN)*

- Youth Achieve Program: a three-pronged strategy to successfully increase youth and young adult access to improved mental health, educational and career attainment and training that will lead to self and family sustaining wages. Participants placed into partially or fully subsidized, part- or full-time employment, for 100 hours, and provided education plan for career readiness.
  1. Trauma Informed Case Management and Mental Health Services
  2. Career and Education Pathways
  3. Continued Program Support and Flexible Case Management
- Life Skills Groups:
  - Man-Up
  - Sister Circle
  - Free Talk
  - Open Mic
  - Music Production Series
  - Dance
- After-care Wraparound support:
  - Career Planning, Training, and Placement; Health & Wellness Services
  - We Out Here
  - Stay Woke
  - Recreational Programming
  - Modeling
  - Photography & Videography



- Music
- Makers Space
- ❖ Program Contact: 510-777-9909 ext. 111
- ❖ [dpn@youthuprising.org](mailto:dpn@youthuprising.org)

## Health and Wellness

### *Berkeley Youth Alternatives (DPN)*

- SPARK Health Program: Inspire and motivate children, youth, adults, and/or families to achieve good health, and to provide health programs that create pathways for ongoing social and professional development through motivational workshops, peer led discussions, mentoring, and life-changing internships.
- Team Sports: 3-on-3 Basketball League and Lady Hoops against Teenage Pregnancy both held in BYA's onsite basketball gym
  - ❖ Program Contact: Brandon Mason 510-849-1402 [bmason@byaonline.org](mailto:bmason@byaonline.org)
  - ❖ [dpn@byaonline.org](mailto:dpn@byaonline.org)

### *East Bay Agency for Children (DPN)*

- Multilingual (11 languages) resource centers at locations throughout the East Bay provide a continuum of resources and care to families such as: health care information and enrollment, referrals for vision screening and free prescription glasses, dental care, immunizations, physical exams, afterschool sports programs, mental health and counseling services, drug and alcohol recovery programs, domestic violence prevention, housing, and employment assistance, among others.
  - ❖ 510 913-4696
  - ❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

# DIVERSION

Services and programs specifically structured to prevent formal entry into the juvenile justice system. Programs are encouraged to develop strategic partnerships in an effort to better meet the intervention and treatment needs of youth. Programs are responsible for building relationships with school districts to develop site-specific alternatives to suspension programming.

## *Centerforce Youth Court (DPN)*

- Youth Court is for first-time juvenile offenders who would otherwise be referred for prosecution to the District Attorney. They will be given the option and opportunity to have case management with their parent(s), their case handled by peers in a court-like setting, and adjudicated (including a penalty imposed, e.g., community service and a CYC-based class such as Anger Management). Centerforce provides educational alternatives in lieu of criminal sentences.
- In tandem with the first-time offender, Centerforce recruits Alameda County youth interested in volunteering to learn about the judicial process and to serve as CYC attorneys (both prosecution and defense), as well as jurors and bailiffs.
- Using the YLS/CMI, Contractor's case manager will develop a treatment plan to address individual criminogenic needs.

❖ 510 834-3457  
❖ [referral@centerforce1.org](mailto:referral@centerforce1.org)

## **Prop 64 Juvenile Marijuana Citation Required Counseling and Education**

The DPN is providing evidence-based counseling and education services to youth referred for marijuana citation. DPN provider performs intake, brief screening and required education/counseling sessions and links youth to community service activities/programs for fulfillment of required community service hours. DPN provider provides certificate to document youth's completion of required education/counseling (which youth needs to return to court within 90 days). Youth is responsible for obtaining community service hours certificate from community service program and submitting to court.

## *Carl B. Metoyer Center for Family Counseling (DPN)*

❖ 510-562-3731

## *East Bay Agency for Children (DPN)*

❖ 510 913-4696

❖ [dpnreferrals@ebac.org](mailto:dpnreferrals@ebac.org)

### **Centerforce (DPN)**

❖ 510 834-3457

❖ [referral@centerforce1.org](mailto:referral@centerforce1.org)

### **Eden Counseling Services (DPN)**

❖ 510-247-9831

### **Seneca Family of Agencies (DPN)**

❖ 510 504-6836



# MENTORING

Programs that connect culturally conscious, positive adults with youth who are facing adversity to support them in the development of age appropriate skills, reduce the potential for system involvement and develop the capacity for critical thinking.

## *Berkeley Youth Alternatives (DPN)*

- MATCH Program (Mentoring, Academic Support, Training, College Preparation, and Health): improve the academic status of at-risk and high-risk youth, to encourage youth to prepare for college, to expose youth to training opportunities and various career pathways, and to promote better health outcomes for youth.
  - ❖ Program Contact: Brandon Mason 510-849-1402 [bmason@byaonline.org](mailto:bmason@byaonline.org)
  - ❖ [dpn@byaonline.org](mailto:dpn@byaonline.org)

## *FLY (DPN)*

- Court Appointed Friend and Advocate (CAFA) Mentor Program - highly-trained volunteers mentor Probation youth for a minimum of 12 months. CAFA is designed to help youth on probation form new positive identities, ambitions, and attitudes by providing them with caring, dedicated volunteer mentors. Includes family visits, weekly 1:1 mentoring, court advocacy, and group activities organized by FLY.
- CAFA Mentors are trained, court-appointed legal advocates who can present to the court oral and written reports that document their mentee's progress.
  - ❖ Program Contact: Q Mathews 510-290-0784
  - ❖ [accafa@flyprogram.org](mailto:accafa@flyprogram.org)

# PARENTING CLASSES

## *Centerforce (JJCPA)*

- The Centerforce Parenting Program (CPP) uses Centerforce's established skills in parent coaching, case management and classes to reduce juvenile justice involvement and support healthy family relationships.

❖ 510 834-3457  
❖ [referral@centerforce1.org](mailto:referral@centerforce1.org)

## *Seneca Family of Agencies (DPN)*

❖ 510 504-6836



# RESTORATIVE JUSTICE

Programs that utilize restorative practices to facilitate accountability strategies, which encourage youth to take responsibility and make amends for the harm caused within their communities. Programs serve youth both in and out of custody.

## *Centerforce Youth Court (DPN)*

- Youth who are adjudicated through Centerforce Youth Court can receive the penalty of mandatory participation in Centerforce's Restorative Justice Educational Program. The program will include classes about criminal justice and restorative justice, conducted by a Centerforce instructor for a designated period of time.
- Youth Court is for first-time juvenile offenders who would otherwise be referred for prosecution to the District Attorney. They will be given the option and opportunity to have case management with their parent(s), their case handled by peers in a court-like setting, and adjudicated (including a penalty imposed, e.g., community service and a CYC-based class such as Anger Management).

❖ [510 834-3457](tel:5108343457)

❖ [referral@centerforce1.org](mailto:referral@centerforce1.org)

